Saturday 24th September		Saturday 1st October		Saturday 8th October	
Bye 1	Kendal	Barrow A	Kendal B	Whitaker	Round 1
Penrith B	Barrow	Ulverston A	Barrow B		
Maryport B	Bye 2	Kendal A	Ulverston B		
Carlisle B	Maryport A				
Penrith A	Carlisle A				
Saturday 15th October		Saturday 22nd October		Saturday 29th October	
Penrith A	Bye 1	Kendal B	Ulverston B		
Carlisle A	Carlisle B	Barrow B	Kendal A		
Maryport A	Maryport B	Barrow A	Ulverston A		
Bye 2	Penrith B				
Barrow	Kendal				
Saturday 5th November		Saturday 12th November		Saturday 19th November	
Bye 1	Barrow	Ulverston A	Kendal B		
Kendal	Bye 2	Kendal A	Barrow A		
Penrith B	Maryport A	Ulverston B	Barrow B		
Maryport B	Carlisle A				
Carlisle B	Penrith A				
Saturday 26th November		Saturday 3rd December		Saturday 10th December	
Carlisle B	Bye 1	Kendal B	Barrow B	Whitaker	Semi-Final
Penrith A	Maryport B	Barrow A	Ulverston B		
Carlisle A	Penrith B	Ulverston A	Kendal A		
Maryport A	Kendal				
Bye 2	Barrow				
Saturday 17th December		Saturday 24th December		Saturday 31st December	
Bye 1	Bye 2	Kendal A	Kendal B		
Barrow	Maryport A	Ulverston B	Ulverston A	Saturday	7th January
Kendal	Carlisle A	Barrow B	Barrow A		
Penrith B	Penrith A				
Maryport B	Carlisle B				
Saturday 14th January		Saturday 21st January		Saturday 28th January	
Maryport B	Bye 1	Kendal B	Kendal A		
Carlisle B	Penrith B	Ulverston A			
Penrith A	Kendal	Barrow A	Barrow B		
Carlisle A	Barrow				
Maryport A	Bye 2				

Saturday 4th February		Saturday 11th February		Saturday 18th February	
Bye 1	Maryport A	Barrow B	Kendal B		
Bye 2	Carlisle A	Ulverston B	Barrow A		
Barrow	Penrith A	Kendal A	Ulverston A		
Kendal	Carlisle B				
Penrith B	Maryport B				
Saturday 25th February		Saturday 4th March		Saturday 11th March	
Penrith B	Bye 1	Kendal B	Ulverston A	Whitaker	Final
Maryport B	Kendal	Barrow A	Kendal A		
Carlisle B	Barrow	Barrow B	Ulverston B		
Penrith A	Bye 2				
Carlisle A	Maryport A				
Saturday 18th March		Saturday 25th March		Saturday 1st April	
Bye 1	Carlisle A	Ulverston B	Kendal B		
Maryport A	Penrith A	Kendal A	Barrow B		
Bye 2	Carlisle B	Ulverston A	Barrow A		
Maryport B	Barrow				
Kendal	Penrith B				
Saturday 8th April		Saturday 1	5th April	Saturday	22th April
	•	Kendal B	Barrow A		•
		Barrow B	Ulverston A		
		Ulverston B	Kendal A		
Saturday 29th April		Saturday 6	th May		